

SEXUAL HEALTH AND HIV PREVENTION EDUCATION

February 22, 2022

Dear Parents/Guardians of Sixth-Grade Students:

In San Diego Unified School District (SDUSD), Sexual Health Education is required for students in 6th grade. This 10-lesson curriculum includes information on a variety of age-appropriate instruction and medically accurate information on several general topics including puberty, reproductive anatomy, gender, sexual harassment, child abuse, personal safety (including internet/cyber-safety), and refusal skills.

State law requires that parents/guardians be notified of any school classes providing instruction in sex education and/or sexually transmitted diseases, including HIV/AIDS. Sexually transmitted diseases and HIV/AIDS are two of the topics covered during some of the 10 lessons.

These lessons comply with state education requirements and include:

- Information about HIV and other sexually transmitted infections (STIs)
- Information that abstinence is the only certain way to prevent unintended pregnancy, HIV, and other STIs, and information about the value of delaying sexual activity
- Information about gender, sexual orientation, and the harm of negative gender stereotypes
- Information about healthy relationships and skills to avoid unhealthy behaviors and situations
- Development and practice of refusal skills.

Parents may **preview** the scope and sequence and all ten lessons online:

- Parent Preview Online Curriculum Recorded Presentations: Grade 6 ([English](#) | [Spanish](#))
- Parent Preview Online Curriculum Overview PowerPoints: Grade 6 ([English](#) | [Spanish](#))

At Dana Middle School, this program will be taught by grade six, social studies teachers. Dana Social Studies teachers will teach the 10 Sexual Health Lessons from March 14th - March 25th.

These teachers include

- Matt Hollis (mhollis@sandi.net)
- John Cirina (jcirina@sandi.net)
- Keryn Kober (kkober@sandi.net)
- Kelly Kocar (kkocar@sandi.net)

If you have any questions, please reach out to Vice Principal Michelle Perkins (mperkins1@sandi.net) or your child's sixth grade social studies teacher.

Please note that parents/guardians may excuse their child from the sexual health instruction for this school year by providing an electronic or written note in their preferred language to their child's social studies teacher. The note should simply state that they are excusing their child from the instruction, include their child's name, and be generated or signed by the parent or guardian. There is no need for any reason to be stated in this note.

For additional information, please [review the district communication](#) regarding the Sexual Health and HIV prevention Educaiton.

Sincerely,

Michelle Perkins
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Vice Principal - Dana Middle School

San Diego Unified School District
<http://www.danamiddle.com>